

# **JR. MUSTANGS FOOTBALL**

**INFORMATION FOR 2011  
NOW IN ITS 15<sup>th</sup> SEASON!**



## **Member of the Park-Rock Football League**

*The Jr. Mustang Football Program is a member of the Park-Rock Football League which is comprised of 8 middle school feeder programs in the area. We are a non-profit organization that, while not affiliated with the Rockwood School District, is sponsored and supported by the Marquette High School Football Booster Club. The Marquette HS Football Varsity Coaching Staff supports the Jr. Mustangs, its program and its goals. All the money that is raised from this program stays in the Marquette Football family which helps fund necessary athletic needs for the program.*

## **JUNIOR MUSTANG PROGRAM OBJECTIVES**

*The purpose of the program is to introduce elementary and middle school athletes to the fundamentals of the game of football, develop an excitement for the game and prepare them to hopefully play football at Marquette High School. The Jr. Mustang Program tries to develop and inspire the ideals of good health, determination, citizenship, character, confidence and leadership. We prepare our football players with all the proper and safe techniques so they can excel in playing the game. We stress the need for hard work, maintaining good grades in school and instilling good sportsmanship. The program is committed to developing young athletes physically, emotionally and socially through their participation in the Jr. Mustang Program. We try to lead by example and the coaches will strive to be models of good sportsmanship, fairness, respect and self-control as they interact with these young boys. The lessons learned on the football field today will help these young men become more successful off the field.*

*Players will be exposed to the game of football through the same system as those taught by the Marquette High School coaches. We strive for each player to learn at least one offensive and one defensive position. The Jr. Mustang coaches learn the system, techniques and drills from the high school coaches. We use Marquette's specific plays, schemes, terms and techniques so our players are not learning everything "new" when they become freshman football players.*

## **COMMUNICATION**

Check our website for program information: [www.jrmustangsfootball.com](http://www.jrmustangsfootball.com) for updates on information such as game schedules, practices (times and locations), etc. Occasionally, practice may be canceled due to a field usage conflict or dangerous weather conditions. Poor weather does not necessarily mean practice is canceled but, please check the website, your e-mail or listen for a "One Call".

## **REGISTRATION/REFUNDS**

Registration will begin on February 1, 2011 and the last day to register will be May 2, 2011. A \$30.00 registration fee is non-refundable. The balance of the registration is refundable until August 1<sup>st</sup>, 2011. Please e-mail Chris Turner, Program Coordinator, at [jrmustangs@charter.net](mailto:jrmustangs@charter.net) to request a refund **prior** to the refund deadline. The treasurer will then be notified and a check will be mailed to your home address. Unfortunately, due to the expense of operating a youth football program we can not issue any refunds of any kind (**including injuries incurred on or off the football field**) after August 1<sup>st</sup>.

## **PHYSICAL INFORMATION**

A medical approval form (Doctor's Physical) is **MANDATORY** for every participant in the Jr. Mustang Program. There is a link on our website to the Rockwood Medical Physical Form (on PDF) as well as the Rockwood School District website. The Doctor's Physical Form will be collected from each player at the equipment pickup day on August 8<sup>th</sup> or at the first practice on August 10<sup>th</sup>. **Physicals must be dated AFTER Feb. 1<sup>st</sup> 2011.** Do **NOT** turn your Physical form in at any of the Rockwood summer camps.

**PLEASE NOTE: Your child will NOT be allowed to participate in any type of practice prior to receiving this form.**

## **PRACTICES**

We practice at 3 different locations; **CRESTVIEW MIDDLE SCHOOL'S STADIUM FIELD, SELVIDGE MIDDLE SCHOOL'S FOOTBALL FIELD AND MHS'S PRACTICE FIELD.** Our grade-specific practice times and fields are still to be determined based on permit approvals. Practice start times will usually be 6:00 or 6:30 on Mon. Wed. and Thursdays. with some Saturday practices, until the game schedule begins. Practice is usually no more than 2 hours.

The first two weeks of practice we will go 5 days a week.

**Players should arrive approximately 15 minutes early** to every practice and be ready to begin promptly on time.

The first practice will just be in shorts, t-shirts, helmets and cleats.

The second practice will be in shorts, t-shirts, helmets, shoulder pads and cleats.

The third practice will be in full gear.

The fourth practice will have full contact.

**Parents/carpools should arrive promptly for player pick-up at the end of practice. Please considerate.**

## EQUIPMENT

Equipment will be handed out at A-Storage Inn, 16039 Ruck Rd., Ellisville, MO 63021 on Saturday, July 16<sup>th</sup>. **Players must be present in order to be fitted properly. Please attend during the following times:**

8<sup>th</sup> grade: 8:30 a.m. - 9:30 a.m.

7<sup>th</sup> grade: 9:30 a.m.-10:30 a.m.

6<sup>th</sup> grade: 10:30 a.m.-11:30 a.m.

5<sup>th</sup> grade: 11:30 a.m. - 12:30 p.m.

**An undated equipment deposit check of \$200.00** (payable to Marquette Football Boosters) is required and will be collected at the time of equipment handout. YOU WILL NOT RECEIVE YOUR EQUIPMENT WITHOUT THIS CHECK. This check will be held until the end of the season and will be returned to you or destroyed when the equipment is returned.

**Note:** Failure to return equipment in a timely fashion after the season is completed will result in your deposit check being cashed at the end of the football season.

### **THE FOLLOWING EQUIPMENT IS PROVIDED TO EACH PLAYER FOR THE 2011 SEASON:**

- Helmet with chin strap. **\*\*\*\*\*Do not attempt to inflate the helmet air bladders, as the helmets require a special needle. A bicycle needle will DESTROY the air bladder and it will have to be replaced. All helmet adjustments should/will be done at practice by the coaching staff. \*\*\*\*\***
- Shoulder pads.
- Pant and hip pads (or reuse last year's pads).
- Practice pants.
- Game jersey.
- Game pants & belt.
- One mouthpiece (additional mouthpieces may be purchased for \$2.00 or player can provide his own). Check with your orthodontist if you wear braces.

### **PLAYERS ARE RESPONSIBLE FOR PROVIDING THE FOLLOWING EQUIPMENT:**

- Practice jerseys.
- Athletic supporter with cup.
- Football cleats and socks.
- Water bottle.

It is the player's responsibility to notify a coach of any missing or broken equipment immediately to his coach.

**Note: DO NOT wear game jersey or game pants to practice.** We **do** encourage the boys to wear their game jerseys to school on the Fridays before a game to promote school spirit and to all the Varsity games on Friday night home games (where they can then get in for free).

## GAMES

Home games will be played at Crestview Middle School. Away games will be played throughout the West County area. Games are scheduled for Saturday mornings. The games will last approximately 2 hours. **Players must arrive one hour prior to game time** for warm-up. See the website for game schedules and field locations.

**Note:** Although playing time is not guaranteed on the 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grade teams, “B” games are also scheduled during the season to allow opportunities for those that do not normally start on Saturday morning games. These “B” games are an integral part of our program. These games allow the kids more on the field experience and involvement as an important part of entire game. We strive to improve all of our players and find this method to be more effective than merely getting in a few select plays a game. “B” games are usually played during the week nights under the lights at Crestview.

## PARENTS

Remember that football is a sport where discipline, hard work, competition, and sportsmanship are encouraged and required. Our focus is on building team and school pride. It is the coaches’ intent that each player will be given every opportunity to learn the fundamentals and improve himself as a player and a person. It is also understood that each player will treat his teammates and coaches with respect. Your cooperation and support to help us attain these goals is needed and greatly appreciated.

Team parents are responsible for providing their own end of season party, if desired. If you would like to volunteer to help out with the end of season party, contact your parent rep.

## PICTURES/APPAREL/PRE-SEASON SCRIMMAGE/BBQ

Football pictures will be taken early in the season and you will be given the opportunity to purchase individual and/or team photos.

Order forms will also be handed out early in the season for those that wish to order Jr. Mustang apparel.

We will also participate with the high school players in a pre-season scrimmage/BBQ held at MHS on a Saturday in August. More details will follow.

## PROGRAM CONTACTS AND HEAD COACHES

Program Coordinator: Chris Turner (314-378-4318)

8<sup>th</sup> grade: Steve Powers ([spowers@bender-inc.com](mailto:spowers@bender-inc.com))

7<sup>th</sup> grade: Greg Kyburz ([illini87@charter.net](mailto:illini87@charter.net))

6<sup>th</sup> grade: TBA

5<sup>th</sup> grade: Chris Turner ([jrmustangs@charter.net](mailto:jrmustangs@charter.net))

## MHS Football Booster Club Board Officers (2011)

President- Tony Ploudre

1<sup>st</sup> Vice President- Rachelle Cronje

2<sup>nd</sup> Vice President- Daryl Holman

Secretary- Amy Felton

Treasurer- Bill Cline